



Midwives @ Sydney & Beyond

Invites you to our pregnancy and parenting network on the following dates for **2017**

VENUE:

Doyle Ground

12 Buller Street

North Parramatta NSW 2151

FURTHER DETAILS:

Email: jane@pregnancy.com.au

Website: www.pregnancy.com.au

Thursday	2 nd February	Natural therapies and preparation for birth
Thursday	2 nd March	Baby sleep and settling. Relationship changes. Antenatal and postnatal depression.
Thursday	6 th April	Waterbirth
Thursday	4 th May	Introducing solids and baby led weaning
Thursday	1 st June	Vaginal birth after caesarean
Thursday	6 th July	Vaccination
Thursday	3 rd August	Birth stories
Thursday	7 th September	Baby Wearing
Thursday	5 th October	Boobs and body changes. Breastfeeding.
Thursday	2 nd November	Unexpected outcomes
Thursday	7 th December	Attachment parenting, elimination communication and Christmas party

No booking is necessary. Please note that the group is held on the first Thursday of the month. The venue is at **Doyle Ground** from 10am until 12pm. These get togethers are casual and provide you with opportunity to talk about all sorts of issues in a safe, supportive and relaxing environment.

The nearby Crate Pizzeria & Wine Bar has great coffee and food. Bring a blanket or chair. We will meet near the children's playground. There is lots of parking is on MacArthur Street.

In the event of rain – the Pregnancy and Parenting Network will be cancelled. If unsure please check our Facebook Page www.facebook.com/MidwivesAtSydneyBeyond

As always, mums, dads, friends and kids are all welcome! See you there!

Love

Jane, Robyn, Melanie, Hannah, Emma, Janine and Geesje