

THE BIRTH WORKSHOP

PRESENTED BY PBB HEALTH CENTRE



ABOUT THE WORKSHOP

Join us for a fun-filled and informative three and a half hour workshop on labour and birth.

Our workshops are facilitated by skilled midwives and childbirth educators.

You will receive a comprehensive information pack which includes the book 'Preparing for Birth: Mother' by Andrea Robertson.

HIGHLIGHTS

- Learn about the process of labour and birth
- Comfort strategies for labour
- Your choices and options
- Support persons roll

DATES FOR THE BIRTH WORKSHOP

Please visit our website for upcoming dates of this workshop www.pregnancy.com.au

CHECK WITH YOUR PRIVATE HEALTH FUND REGARDING REBATES

PRICE

\$185 per couple

LOCATION

PBB Health Centre

13A Buller St

North Parramatta NSW 2151

(opposite Doyle Ground)

BOOKINGS

PBB Health Centre

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www.pbbhealthcentre.com.au



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