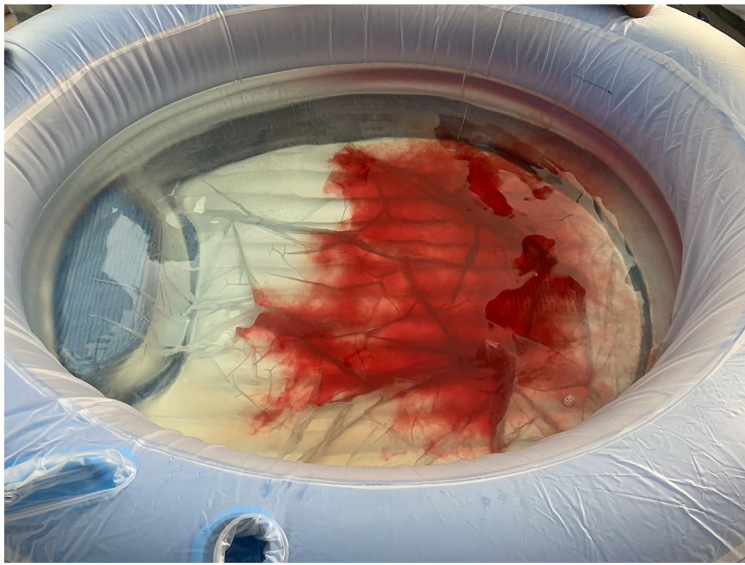




PREGNANCY  
BIRTH & BEYOND

## Visual Estimate of Blood Loss in an Inflatable Birth Pool



100mls



300mls



500mls



1000mls

Each amount was measured and poured into the water in the inflatable birth pool. Water was ~37 degrees Celsius. We used real blood (not simulated).

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